

The Los Amigos District Day Camp will be held at Firestone Scout Reservation's Green Island 1 and 2 campground sites this year. As we held our Camp at the same location as the past 3 years, we are very familiar with the facility. This year's theme, Fun in the Sun will feature the Program activities below:

- BB Gun Range
- Archery Range
- Sports Activities (Earth Ball, wiffle ball, flag football, human foosball, soccer, water play)
- Science Activities (stomp rockets (air/rolled paper), Rube Goldberg construction, plant/animal identification, Cartesian "diver" bottles, "exploding" craft (popsicle) sticks.
- Scout Skills (basic hiking, knots, map reading, flag ceremony, basic orienteering)
- Electives (games/skits/songs/team spirit) The Campers Workbook will include theme-related activities. We will invite the dens to participate in the decorating contest for awards such as "Most Creative Use of Materials", "Best Use of Theme", "Most Unique Interpretation", "Best Use of Natural Materials", and "Best Scout Related Theme".

The Green Islands camping sites have running water and some trees for shade. The Headquarters (HQ) and First Aid Tent will be placed in a central location so HQ staff can see the entire camp. The Sibling Camp will be located nearby within a group of trees. Campers will be divided into dens of the same rank. Each rank will rotate through the Program Areas together to facilitate tailoring the program to each age group's needs. The campers' Den Area will be located at the central-western side of the camp. The Den Area will serve as a home base for the Campers and will be used during elective periods. In the event anyone in camp sees poison oak at or near the camp boundary, or a potentially poisonous snake or insect, the Camp Director or Program Director should be informed promptly.

As they rotate, Campers will progress through Elective (Den Time), BB, Archery, Crafts, Sports, Science & Engineering and Scout Skills. The siblings will participate in the Program as their ages and interests permit, but will also be offered various age-appropriate activities within their own area. All program area staff and volunteers, including the den and Tot Lot leaders, will ensure that the campers utilize the Buddy System when traveling around the camp.

All Program Areas will recognize exceptional scout and den behavior with den flag ribbons color-coded for each program. The program leads and assistants will award long ribbons to dens demonstrating good group skills (group listening, group improvement, a good den yell, spirit, cooperation, etc.) so that the campers can proudly display their award on their den flags. The program adults will have smaller ribbons to give to individuals as recognition for personal achievements determined by each program area leader. Campers may wear their ribbons or put them on their den flag for the remainder of the week. Campers and Dens can also earn special Spirit ribbons from the program area leaders and camp directors. All returning camp staff, volunteers, and participants will receive a sticker for their nametag indicating their "alumni" status.

BB Guns

Two BSA-trained BB gun range masters will oversee the 16 BB gun positions on the range. The range masters will train the adult and youth volunteers assigned to their program area in the month before camp. Youth assigned to BB guns will be older and more mature youth capable of this responsibility. Ideally, they will be Boy Scouts who have earned the shooting merit badge. The range master will supervise the scouts, and the adult and youth volunteers. There will be two adults and at least four youth volunteers working directly with the shooting scouts, while two more youth will load straws with a pre-determined number of BBs. The straws will facilitate loading the guns between uses and ensure that each camper gets the same number of shots in one shooting session. Each

shooter will use appropriate safety equipment, including guns in safe working condition, and ear and eye protection. Tiger, Wolf and Bear scouts will shoot only from a bench-rest position.

The BB gun range will be set up against a hill that will serve as a back-stop and safety buffer zone behind the target area. The range will have an adequately large perimeter and a shaded "standby area" behind the firing line. In the standby area scouts will receive instructions for safe gun and range use and receive their safety goggles. While they wait for their turn on the range, campers will work off-range on certain activities aimed towards achieving the shooting sports patch and pin. Safety glasses and hearing protection is required for all shooters.

All present on the range are to follow the posted range rules and all instructions from the rangemasters.

Archery

Two BSA-trained archery range masters will oversee 16 archery positions on the range. The range masters will train the adult and youth volunteers assigned to their program area in the month before camp. Youth assigned to archery will be older and more mature youth capable of this responsibility (usually BSA First Class scouts and higher). The range masters will supervise the campers, and the adult and youth volunteers. There will be two adults and at least four youth volunteers working directly with the scouts. Each archer will use appropriate safety equipment, including bows in safe working condition, and finger and arm guards.

The archery range will be set up with styrofoam targets secured against bales of hay and in front of a canyon that will be used as a buffer behind the targets. The range will have an adequate safety perimeter, and a shaded "standby area" behind it. In the standby area scouts will receive instructions for safe bow-and-arrow and range use, wait for their turn on the range, and work off-range on certain activities designed to help them achieve the shooting sports patch and pin. All present on the range are to follow the posted range rules and all instructions from the rangemasters.

Scout Skills

An experienced scouter will run our scout skills program this year. Webelos, AOL and Bear scouts will learn flag history, etiquette and care, while the other cubs will learn how to perform an outdoor flag ceremony. Scouts will have an opportunity to raise or lower the camp flag during an outdoor flag ceremony later in the week; the scout skills staff member will supervise the flag ceremonies. Scout skills will be devoted to ropes, knots and rope challenges. The older scouts will learn how to tie several knots and begin pitching a tent using ropes and tarps. The Wolf and Tiger Scouts will begin their map skills by locating their home on a map and drawing a map of their neighborhood. Older ranks will train in pitching a tent using ropes and a tarp, while the younger Cubs will learn about the compass rose and how to use a magnetic compass. They will also review the buddy system in preparation for a short hike. Leave No Trace/Outdoor Code will be taught. Compass skills will be used to complete a scavenger hunt. Each rotation group will hike using a map and compass. All hikers should have a hat, sunscreen and a bottle of drinking water, and will train in the Six Essentials.

Crafts

Scouts will complete a leather-work project adapted to age level. Bear rank will work on spindle-and-board (paint stirrer) see-saws to learn about levers (part of Bear Make it Move Adventure). Tigers and Wolves will work on simple wood projects focused on basic tool use. Bears & Webelos will learn to plan a project.

For the building projects, safety equipment will be needed (goggles/safety glasses, gloves). Most wood parts will be pre-cut for safety reasons. Each day the program staff and adult leaders will instruct the campers on safe tool use for that day's craft (including, but not limited to hammers, mallets, and scissors).

Sports

On Monday the AOL, Webelos & Bears will discuss sportsmanship, and learn how to play flag football. On Tuesday the scouts will learn to play soccer. The Webelos and AOL scouts, and possibly the other ranks, will also learn the soccer referee signals. Webelos and AOL ranks will attempt to complete Sportsman Adventure. The next day all of the scouts will discuss and roll-play the good sportsmanship they experienced while playing soccer. They will apply what they learned while learning Ultimate Frisbee and playing it together. On Thursday the campers will play human foosball and continue their discussion of good sportsmanship by giving an example of it in their own lives. Finally, on Friday the kids will play wet sponge relay games and tag (water play day).

The Tiger scouts will do a set of activities aligned with the Tiger Tag Adventure. On Monday the Tigers will share with each other active games they've played. Time permitting, they will play flag football, too. On Tuesday they will play two relay-type games and discuss the teamwork needed to succeed. On Wednesday the Tigers will get to choose another relay game to play, and on Thursday they will play human foosball. On Friday the Tigers will participate in the water games like the other ranks. Young scouts, Tigers especially, have short attention spans. Therefore, the sports program staff will be flexible and ready to jump in with another game to keep the scouts involved and active.

Science and Engineering

An experienced scouter and scientist will run Science and Engineering. Bears will work on Make it Move Adventure activities (Rube Goldberg devices) for two days. Campers will make rockets for a stomp-rocket launcher out of newspaper, tape and metal washers. (We have pre-built own launchers.) They will shoot the rockets both for distance and accuracy (into a bucket 20 feet away). We will give them a chance to experiment with adding weight (washers) to improve distance. The campers will work in pairs or trios to meet the challenge and learn the physics of air-powered rocketry. On Wednesday, Thursday and Friday the scouts will learn about their natural environment: trees, plants, birds. This will get them ready to be observant during Friday's hike.

Program staff and volunteers will be on hand to offer assistance and advice, as needed. We anticipate that the older scouts will need less support from the adults, while the younger ranks may need more help. This should be an open-ended activity that gives all of the campers a chance to problem-solve and be creative.

Stomp-rockets will require a safety briefing and supervision. Adults (only) will load the rockets in the launchers. Rockets will be launched in groups, followed by a cease-fire so the scouts to go down-range to pick up their rockets. All scouts must be behind the launchers when rockets are being launched. Scouts must only use the materials provided. A safe launch/landing area will be marked and observed.

Elective Activities

During their elective period campers will be in their Den Areas and have various group activities to do. On Monday they will make a unique den flag and decorate their camp hats using markers. On the remaining days, the dens may check out marbles, beanbag toss, tug-o-war ropes, and other activities from HQ for this period or work on other activities of their choice (i.e., skits and songs).

The dens may also choose to take a hike on the Nature Trail along one side of the camp. We will erect signs and tell den leaders to remind campers to stay on the trail and avoid identified dangers, such as poison oak. We will also use caution tape to rope off an area near (but not on) the Nature Trail that is within 10 feet of the BB Gun buffer zone. The Nature Trail is definitely outside of the buffer zone, but in order to play it safe, we will set the boundary farther away.

In addition, we are looking into demonstrations by Brea Fire Dept and a guide/service dog training group to teach the Scouts about what service dogs can do to help people. If approved, these activities will take place during an extended lunch hour, and one of the afternoon elective rotations will be eliminated.

Opening and Closing Ceremonies

Each morning parents will sign their campers in with the den leader. The dens will attend the opening ceremony as a unit at 9:00 am. We will officially start camp each day with a flag ceremony performed by a group of campers, followed by general announcements (which may include changes to the program, if needed). On the first day we will also take this time to recognize Los Amigos Day Camp Alumni, other Cub Scout Day Camp Alumni, and acknowledge the number of years in which they have participated. We will also recognize parents and youth who have attended Day Camp in some capacity in the past. Finally, we will use this time each day to emphasize the camp spirit and safe behavior that will ensure that everyone has an excellent and memorable camp.

The daily closing ceremony will take place at the Assembly Area around 3:00 pm each day. The assembly will be an opportunity to reinforce good behaviors the staff observed over the course of the day. The directors will present a special Directors Award to a den that demonstrated exemplary den behavior during that day. This award will recognize a den's outstanding spirit, good decisions, hard work, sportsmanship and cooperation, and serve to encourage similar positive conduct in all dens on subsequent days. Finally, a group of scouts will retire the flag and the scouts will be dismissed to their den areas for parents to sign them out.